

Asbury United Methodist Church Children's Morning Out

Dear Parents:

Providing infants with a safe environment in which to grow and learn is of extreme importance to us. Therefore, CMO has implemented policies and procedures to create a safe sleep environment for infants. We follow the recommendations of the State of Indiana, American Academy of Pediatrics, and the Consumer Safety Commission for safe sleep environments to reduce the risk of Sudden Infant Death Syndrome (SIDS).

Our written policy for Safe Sleep is as follows:

- Infants less than 12 months of age shall be placed on their backs on a firm, tight-fitting mattress for sleep in a crib.
- Soft mattresses, pillows, and other soft surfaces shall be prohibited as infant sleeping surfaces.
- All pillows, quilts, comforters, stuffed toys, and other soft products shall be removed from the cribs.
- Blankets will not be used
- All infants' heads will remain uncovered during sleep.
- Unless the child has a note from a physician specifying otherwise, infants shall be placed on their backs to lower the risk of SIDS.
- When infants can easily turn over from their back to their tummy, they shall be out down on their back but allowed to adopt whatever sleep position they prefer.
- Unless a doctor specifies the need for a positioning device that restricts movement within the child's crib, such device shall not be used.
- There is no smoking allowed at CMO.
- Infants will not share a crib with other children.
- Supervised "Tummy Time" will be observed while the infant is awake.
- All CMO staff will receive training on Safe Sleep practices before caring for infants.

Since the start of 1994 National "Back to Sleep" campaign that provided guidelines for parents, health care professionals, and other caregivers to place infants on their backs to sleep, the number of infants dying of SIDS decreased by 42%.

Again, the safety of your child is of paramount importance to us. By signing below, you, as the parent/guardian, understand and comply with the Safe Sleep policies of CMO.

Signature of Child Care Provider

Date

Signature of Parent/Guardian

Date